

SAMPLE 1: This schedule reflects a Mom to Mom program that meets weekly (with the exception of breaks). The Mom to Mom curriculum is the core curriculum. Guest speakers bring in additional material as well as reinforce the Mom to Mom content. Workshops and brunches are also part of the schedule.



mom to mom

Heart Talk on What Really Matters

Tues. Sept. 20: Kick-off Brunch/Introduction to Mom to Mom—Speaker

Tues. Sept. 27: Heart Talk #1: Will the Real Mother Please Stand Up?

Tues. Oct. 4: Heart Talk #2: Wonder Woman or Woman of Worth

Tues. Oct. 11: Special Speaker—“Practical Tips for Surviving as a Parent,”
Cathy Lee, mother of six

Tues. Oct. 18: Heart Talk #3: How to be a Mother and a Person Too

Tues. Oct. 25: Workshop Day

Tues. Nov. 1: Special Speaker—“Managing Anger,”
Dr. Carol Brown, Christian psychologist and mother of three

Tues. Nov. 8: Heart Talk #4: “But I Thought ...”

Tues. Nov. 15: Heart Talk #5: Marriage Mileage

Thanksgiving Break

Tues. Nov. 29: Special Speaker: “What Men Wish Their Wives Knew About Them,”
Don Smith, Director of Family Ministries and father of four

Dec. 6: Christmas Brunch

Christmas/Winter Break

Tues. Jan. 17: Special Speaker: “De-stressing Your Home,”
Mark Jones, Christian counselor and father of two

Tues. Jan. 24: Heart Talk #6: Biblical Building Blocks of Self-Worth

Tues. Jan. 31: Special Speaker: “Ask a Pediatrician,”
Dr. Mary Taylor, pediatrician and mother of three

Tues. Feb. 7: Workshop Day

Tues. Feb. 14: Special Speaker: "10 Practical Ways to Show Love to Your Family Today,"
Diane Wong, children's minister and mother of two

Tues. Feb. 21: Heart Talk #7: Tools for Shaping Self-Worth

Tues. Feb. 28: Heart Talk #8: Fences and Flexibility: Setting Limits with Love

Tues. March 7: Spring Break

Tues. March 14: Special Speaker: "Growing Kids with Character,"
Karen Campbell, educator and mother of two

Tues. March 21: Heart Talk #9: "Lady, Do You Know Where You Are Going?"

Tues. March 28: Heart Talk #10: What Messages Are Our Kids Getting?

Tues. April 4: Heart Talk #11: A Christian Home: What Is It and How Do You Get It?

Tues. April 11: Easter Break

Tues. April 18: Easter Break

Tues. April 25: Heart Talk #12: Plugging Into the Power Source

Tues. May 2: Closing Celebration Brunch/Special Music